

Seminar program:

New Psychological Perspectives in Treatment of Stress: **HUMAN GIVENS APPROACH**

Date : 30.10. 2014, Thursday
Time : 10:00 - 17:00
Place : IUS - Building A - Amphitheatre

Time	Activity	Lecturer
9:00-10:00	Registration	
10:00-11:45	<ul style="list-style-type: none"> Welcome and general introduction to Human Givens (HG) Principles 	Sue Hanisch Sue Saunders Carol Harper
11:45- 12:00	Break	
12:00-13:30	<ul style="list-style-type: none"> How we misuse our resources when stressed The powerful emotional brain "Action conquers fear" Proverb 	Sue Hanisch Sue Saunders Carol Harper
13:30 – 14:30	Break	
14:30- 15:30	<ul style="list-style-type: none"> Live session of how HG is used in a session, with student/participant 	Sue Hanisch Sue Saunders Carol Harper
15:30 – 16:30	<ul style="list-style-type: none"> Feedback from live session/other information in regard to HG Drawing the day together 	Sue Hanisch Sue Saunders Carol Harper
16:30-17:00	<ul style="list-style-type: none"> Closure and Certificate ceremony 	

Lecturers:

Sue Saunders (M.Sc. M.A. HG Dip P. FHGI) is a fully trained Human Givens Practitioner and a Fellow of the Human Givens Institute. She is also a fully qualified Human Givens Supervisor. She is a member of the HGI Board of Directors and also the founder of the HG Peer Group in Ireland. She holds a Masters in Cognitive Science from University College Dublin and a Masters in Psychotherapy from Nottingham Trent University.

Sue Hanisch (Dip COT, SROT, HG Dip P) is a fully trained Human Givens Practitioner and has been working with this approach for the last 12 years. Sue has a background in occupational therapy, child development and psychotherapy. She works particularly with the effects of trauma on the body and the psyche. She provides training and treatment to a wide variety of clients of all ages.

Carol Harper has been a complementary therapist since 1988. She has developed a programme called "Meeting needs" and helps individuals and groups to identify and address their unmet emotional needs using the Human Givens approach.

For program details:
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