

Faruk Obuća



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Citizenship: Bosnian

EDUCATION

Ph.D. <i>Psychology</i> , International University of Sarajevo	<i>Oct 2021 – Present</i>
MA <i>Clinical Psychology</i> , International University of Sarajevo	<i>Oct 2019 – Sep 2020</i>
BA <i>Psychology</i> , International University of Sarajevo	<i>Oct 2015 – June 2019</i>

ACADEMIC EXPERIENCE

Assistant Psychology Department, International University of Sarajevo	<i>Sep 2021 – Present</i>
<ul style="list-style-type: none">• <i>PSY310 Introduction to Psychopharmacology</i>• <i>PSY402 Experimental Psychology</i>• <i>PSY421 Psychology of Religion</i>• <i>PSY305 Cognitive Psychology</i>• <i>PSY310 Introduction to Psychopharmacology</i>• <i>PSY402 Experimental Psychology</i>• <i>PSY421 Psychology of Religion</i>• <i>PSY305 Cognitive Psychology</i>	<i>Spring 2023</i> <i>Spring 2023</i> <i>Fall 2022</i> <i>Fall 2022</i> <i>Spring 2022</i> <i>Spring 2022</i> <i>Fall 2021</i> <i>Fall 2021</i>
Providing psychological counseling to university students	<i>Fall 2021-Present</i>
Adjunct instructor Psychology Department, International University of Sarajevo	<i>Sep 2020 – July 2021</i>
<ul style="list-style-type: none">• <i>PSY402 Experimental Psychology</i>	<i>Spring 2021</i>

- *PSY421 Psychology of Religion* *Fall 2020*

Scholarship Assistant (teaching and research assistant) *Sep 2019 – July 2020*

Psychology Department, International University of Sarajevo

- Provided teaching assistance for the following courses:

PSY412 Abnormal Psychology (Assist. Prof. Selvira Draganović) *Spring 2020*

PSY490 Graduation Project (Assist. Prof. Orkun Aydın) *Spring 2020*

PSY210 Health Psychology (Assist. Prof. Selvira Draganović) *Fall 2019*

PSY204 Biological Psychology (Assist. Prof. Orkun Aydın) *Fall 2019*

- Recruiting participants, preparing manuscripts, submitting to peer-reviewed scientific journals
- Guiding students during the course registration period
- Coordinating the psychological counseling center of the university
- Assistance in organizing seminars and workshops
- Exam invigilation during midterm and final exams
- Assisting Quality Assurance Office

CLINICAL EXPERIENCE

Clinical Psychology Graduate Intern *July – Aug 2020*

Psychology Department, The Health Centre of Sarajevo
Canton, Sarajevo

- Administering and scoring psychological tests
- Attending therapy interviews

Psychology Intern *June – July 2018*

Department of Mental Health, Public Health Centre “Dr. Isak
Samokovlija”, Goražde

- Administering and scoring psychological tests
- Attending initial therapy interviews

ARTICLES IN INTERNATIONAL REFEREED JOURNALS

Aydın, O., **Obuća, F.**, Çakıroğlu, E., Ünal-Aydın, P., & Esen-Danacı, A. (2022). The effect of mindfulness and metacognition on anxiety symptoms: a case-control study. *Middle East Current Psychiatry*, 29(1), 95. <https://doi.org/10.1186/s43045-022-00260-7>

- Başer, L. M., Çökmüş, F. P., Tvrtković, S., **Obuća, F.**, Ünal-Aydın, P., Aydın, O., & Spada, M. M. (2022). The role of desire thinking in the problematic use of social networking sites among adults. *Addictive Behaviors Reports, 16*, 100463.
- Ünal-Aydın, P., **Obuća, F.**, Aydın, O., & Spada, M. M. (2021). The role of metacognitions and emotion recognition in problematic SNS use among adolescents. *Journal of Affective Disorders, 282*, p. 1–8.
- Aydın, O., **Obuća, F.**, Boz, C., & Ünal-Aydın, P. (2020). Associations between executive functions and problematic social networking sites use. *Journal of Clinical and Experimental Neuropsychology, 42*(6), p. 634–645.

BOOK CHAPTERS

- Obuća, F.**, Ünal-Aydın, P., and Aydın, O., “Emotion recognition failure in psychiatric disorders: A potential pitfall for psychological well-being”, in *Emotion recognition: Patterns, applications and challenges*, Nova Science Publishers, 2021, pp. 55-91.

CONFERENCE PAPERS

- Obuća, F.**, Bilge, A., Ünal-Aydın, P., Aydın, O., Kolubinski D. C., and Spada M.M., “The Turkish COVID-19 Anxiety Syndrome Scale: Psychometric validation and association with psychological symptoms”. (2023). *European Psychiatry, 66*, pp. 838-839. Cambridge University Press
- Obuća, F.** Examining the relationship between perfectionism, insomnia, and dark triad personality traits in adults. (2022). *Epiphany, 15*(1), p. 256.
- Obuća, F.**, Orkun, A., Çakıroğlu, E., Ünal-Aydın, P., Esen-Danacı, A. The evaluation of the effect of mindfulness and metacognition on anxiety symptoms: A case-control study. (2022). *European Psychiatry, 65*, pp. 394-395. Cambridge University Press. DOI: <https://doi.org/10.1192/j.eurpsy.2022.998>
- Obuća, F.**, Mustoo Başer, L., Poyraz Çökmüş, F., Tvrtković, S., Ünal-Aydın, P., Aydın, O., Spada, M. M. The role of desire thinking in problematic social networking sites use among adults. (2022). *7th Congress of Psychologists of Bosnia and Herzegovina with International Participation*, Tuzla, Bosnia and Herzegovina, p. 57
- Güçlü, M., Cengiz, Z., Ünal-Aydın, P., Kaya, A., Şentürk A. E., Kesen, E. S., Turan, S., Kahraman, S., **Obuća, F.**, Aydın, O. The relationship between mindfulness, metacognitive beliefs and social anxiety among university students. (2021). *12th International Congress on Psychopharmacology & 8th International Symposium on Child and Adolescent Psychopharmacology*, Antalya, Turkey, p. 113
- Aydın, O., Ünal-Aydın, P., **Obuća, F.**, & Boz, C. (2020). Associations between executive functioning and online social networking sites addiction. *Sixth Sarajevo Days of Psychology*, Bosnia and Herzegovina, p. 62
- Obuća, F.** (2019). Effects of different types of background music on undergraduate students’

short-term memory. *Third International Psychology Students Association Fest*, Sarajevo, Bosnia and Herzegovina. (Poster Presentation)

CONGRESSES, SEMINARS, WORKSHOPS, AND LECTURES ATTENDED AS SPEAKER

VR therapy workshop for English language school students. (Mar 2023). International University of Sarajevo, Bosnia and Herzegovina

Virtual reality exposure tools and high school students, Workshop. (Aug 2022). International University of Sarajevo, Bosnia and Herzegovina

The use of virtual reality technology to practice mindfulness techniques for university students, Workshop (June 2022). International University of Sarajevo, Bosnia and Herzegovina

Virtual reality therapy, Workshop. (May 2022). *1st Sarajevo Maker Faire*, Bosnia and Herzegovina

Virtual reality therapy for psychiatric disorders. (May 2022). *1st International Psychology Students Initiative Summer Congress* (Online)

Understanding problematic social networking sites use: what do we know, where do we go? (May 2022). *International Psychology Students Initiative Seminar* (Online)

Virtual reality attention training for English language and literature students, Workshop. (Mar 2022). International University of Sarajevo, Bosnia and Herzegovina

Autism spectrum disorder, Workshop. (Nov 2019). International University of Sarajevo, Bosnia and Herzegovina

The connection between psychology, Islam, and Quran, Public Lecture. (Dec 2017). Islamic Cultural & Education Centre “Sultan Mehmed Fatih II,” Goražde, Bosnia and Herzegovina

ATTENDED ORIENTATION PROGRAMS, SEMINARS, COURSES AND WORKSHOPS

2-day seminar in neuropsychological assessment. (2021). International University of Sarajevo, Bosnia and Herzegovina

Designing and Delivering Online Courses, Online Course (2021). QASPIR

Essentials of Effective Teaching, Online Course (2021). QASPIR

Online Learning Assessment, Online Course (2021). QASPIR

7-day online orientation program on Islamic counselling and psychotherapy. (2020). Institute of Objective Studies, Aligarh, India

3-day seminar in psychological, personality, and adult intelligence assessment. (2020). International University of Sarajevo, Bosnia and Herzegovina

Gestalt psychotherapy, Workshop. (2019). Lifelong Learning Center, International

University of Sarajevo, Bosnia and Herzegovina

Building self-confidence, Workshop. (2019). Civil Society Promotion Center, Sarajevo, Bosnia and Herzegovina

PROJECTS

An examination of VR-based exposure intervention on test anxiety among university students. Ünal-Aydın, P., **Obuća, F.** International University of Sarajevo, Faculty of Arts and Social Sciences, Psychology Department (Spring 21/22-present)

ACADEMIC SERVICE

Reviewed for journals:

Epiphany Journal of Transdisciplinary Studies (2023, 1 paper)

Psihologija (2022, 2 papers)

Cyberpsychology: Journal of Psychosocial Research on Cyberspace (2022, 1 paper)

Current Research Journal of Social Sciences and Humanities (2021, 1 paper)

INTERNATIONAL MOBILITIES

22.05.2023 – 26.05.2023

Erasmus + staff mobility at the Poznan University of Technology, Poland

06.06.2022 – 10.06.2022

Erasmus + international staff training week at the University of Seville, Spain

SUMMER SCHOOLS

02.08.2022 – 09.08.2022

Center for Advanced Studies Summer School 2022 “Islam in Contemporary World”

LANGUAGES

Bosnian: Native or bilingual proficiency

English: Professional working proficiency

Arabic: Limited working proficiency

COMPUTER SKILLS

Microsoft Office Word
Microsoft Office Excel
Microsoft Office PowerPoint
IBM SPSS

REFERENCES

Assist. Prof. Dr. Orkun Aydın

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International University of Sarajevo
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Assist Prof. Dr. Pinar Ünal-Aydın

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Assist. Prof. Dr. Selvira Draganović

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