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EDUCATION & TRAINING

Master of Arts (M.A.) in Clinical Psychology

International University of Sarajevo (IUS)

City: Sarajevo | **Country:** Bosnia and Herzegovina

Number of credits: 60 | **Thesis:** Examining the Relationship between Occupational Stress, Coping Strategies, and Personality Traits Among Police Officers

Bachelor of Arts (B.A.) in Psychology

International University of Sarajevo (IUS)

City: Sarajevo | **Country:** Bosnia and Herzegovina

Number of credits: 240

WORK EXPERIENCE

International University of Sarajevo - Bosnia and Herzegovina, Sarajevo

Website: https://psy.ius.edu.ba/en/spcc-student-psychological-counseling-center

Assistant Head of Students' Psychological Counselling Centre

[09/06/2026 - Current]

- Supporting the coordination and development of the Students' Psychological Counselling Centre (SPCC), with a focus on promoting student mental health, psychological well-being, and access to counselling services.

International University of Sarajevo - Bosnia and Herzegovina, Sarajevo

Email: iehnech-seran@ius.edu.ba | **Website:** https://www.ius.edu.ba/en

University Teaching Assistant

[19/01/2026 - Current]

- University teaching assistant at the Department of Psychology, engaged within the scientific areas of Cognitive Psychology, General Psychology, Work Psychology, and Health and Clinical Psychology.
- Full-time position involving academic support, teaching assistance, and contribution to educational and research activities within the department.

International University of Sarajevo - Bosnia and Herzegovina, Sarajevo

Scholarship Assistant

[01/10/2024 - 30/06/2025]

- Assisted course lecturers in teaching the following courses: PSY204 Biological Psychology, PSY210 Health

Psychology, PSY409 Child Psychopathology, PSY312 Clinical Psychology, PSY336 Psychotherapy and Counseling, PSY406 Positive Psychology, and PSY496 Research Activity.

- Experienced with VR-supported psychoeducation (delivered tutorials and guided students through a VR-supported psychoeducation program as part of a follow-up study).
- Participated in the invigilation and organization of exams.
- Supported administrative tasks related to the department's activities while actively contributing to ongoing research and projects.

RESEARCH INVOLVEMENT:

- *Investigating the Relationship Between Problematic TikTok Use, Eating Disorders, Anxiety, Depression, and Metacognition Among Young Adults*
- *VR-Based Intervention for Problematic TikTok Use in University Students: Effects on Metacognition and Psychological Symptoms*

Center for Mental Health, Primary Health Care Facility Novo Sarajevo - Bosnia and Herzegovina, Sarajevo

Clinical Psychology Intern

[17/03/2025 - 30/05/2025]

- Completed supervised clinical training focused on psychological assessment and counseling skills development in a community mental health setting.
- Conducted supervised initial and follow-up clinical interviews, applying counseling techniques to establish rapport and gather detailed case data.
- Administered, scored, and interpreted a range of standardized psychological assessments (intelligence tests, projective techniques, and clinical inventories for mood, anxiety, and personality).
- Prepared psychological reports and evaluations, integrating test findings, clinical observations, and interview data to support diagnostic and treatment planning, as well as monitoring patient progress.

Gallery 11/07/95 - Bosnia and Herzegovina, Sarajevo

Gallery Assistant

[08/08/2022 - 30/05/2025]

- Provided support in the daily operations of a gallery.
- Assisted in the preparation and installation of exhibitions, provided visitors with information about the gallery's mission and displayed works, and managed inquiries via phone and email.

Educational Center Sovice - Bosnia and Herzegovina, Sarajevo

Child Education Psychologist Intern

[01/11/2023 - 06/07/2024]

- Worked with preschool-aged children, focusing on socio-emotional development and promoting physical, cognitive, language, and creative growth.
- Contributed to the planning and implementation of educational activities to support school readiness.

HR World doo - Serbia, Belgrade

Online Content Intern

[02/07/2023 - 30/10/2023]

- Created engaging content on human resources and organizational psychology for HR World Adria's website, social media platforms, and other digital channels.
- Researched industry trends, drafted and edited blog posts, and optimized content to enhance online visibility and attract the target audience.

Center for Healthy Aging Novo Sarajevo - Bosnia and Herzegovina, Sarajevo

Community Psychology Volunteer

[01/03/2022 - 06/07/2022]

- Offered psychoeducational workshops, support groups, and community outreach activities to older adults.
- Collaborated with healthcare professionals to develop care plans addressing the holistic needs of older adults.

IUS Students' Psychological Counseling Center - Bosnia and Herzegovina, Sarajevo

Psychology Student Intern & Volunteer

[03/10/2021 - 10/06/2022]

- Participated in counseling-related projects aimed at promoting student mental health.
- Provided basic emotional support to students and referred them to professional counselors when necessary.
- Assisted in organizing mental health workshops and psychoeducational events.

International University of Sarajevo - Bosnia and Herzegovina, Sarajevo

Intern at the International Relations Office

[01/09/2021 - 30/11/2021]

- Supported daily office operations, contributing to an efficient and welcoming environment for students and staff.
- Assisted with administrative tasks, including organizing documentation for international students and providing logistical support for incoming and outgoing student exchanges.

SKILLS

Microsoft Office | Statistical Analysis (IBM SPSS, Jamovi) | Psychological Testing & Assessment | Clinical Interviewing & Counselling | Content Development | Social Media | Organizational and planning skills | Good listener and communicator | Team-work oriented | Critical thinking | Written and Verbal skills | Decision-making | Motivated | Zoom | Responsibility | Solid organizational skills | Google Drive | Reliability | Flexibility | Analytical skills

LANGUAGE SKILLS

Mother tongue(s): Bosnian

English

LISTENING: C2 **READING:** C2 **WRITING:** C2
SPOKEN PRODUCTION: C2
SPOKEN INTERACTION: C2

Turkish

LISTENING: A2 **READING:** A2 **WRITING:** A2
SPOKEN PRODUCTION: A2
SPOKEN INTERACTION: A2

Spanish

LISTENING: A2 **READING:** A2 **WRITING:** A2
SPOKEN PRODUCTION: A2
SPOKEN INTERACTION: A2

German

LISTENING: A2 **READING:** A2 **WRITING:** A2
SPOKEN PRODUCTION: A1
SPOKEN INTERACTION: A1

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user

CERTIFICATIONS

[26/04/2025]

Acceptance and Commitment Therapy (ACT) Training

Seminar in Assessment of Intellectual Abilities and Personality of Adults

[24/05/2022]
Certificate of Completion in MoCA Assessment Training

HR Starter Training Program

CONFERENCES & SEMINARS

[15/04/2026 - 18/04/2026] Antalya, Türkiye
17th International Congress on Psychopharmacology

[09/10/2025 - 10/10/2025] Sarajevo
2. Sarajevo Mental Health Symposium

Sarajevo
DACUM Workshop, organized under the CORE-ED ACADEMY PROJECT: "Fostering Inclusion and Shared Values in Juvenile Justice through Correctional Pedagogy and Specialist Professionalization, Empowered by the LiberateSkill Correctional Excellence Pact for Skills"

Workshop on CVs: How to Succeed in a Job Interview, How to Write an Effective CV, Stress Management Skills for Job Interviews

Sarajevo
Psycho Networking 2 & 3

PROJECTS

The Impact of Innovations and Robotics on High School Students' Cognitive Development

[Current]

Examining the relationship between occupational stress, coping strategies and personality traits among police officers in the Federation of Bosnia and Herzegovina Funding Program: *Public Call for Financing/Co-financing Scientific Research and Research-Development Projects in the Federation of Bosnia and Herzegovina in 2025*

Funding Body: *Federal Ministry of Education and Science of the Federation of Bosnia and Herzegovina*

HONOURS AND AWARDS

International University Of Sarajevo
Rector's High Honor List—Fall semester academic 2021/2022 year

International University Of Sarajevo
Dean's Honor List—Spring semester academic 2022/2023 year

International University Of Sarajevo
Rector's High Honor List—Spring semester academic 2023/2024 year

PUBLICATIONS

Ehnech-Seran, I., & Draganović, S. (2025). From Occupational Stress to Burnout: Key Factors and Challenges for Police Officers' Mental Health. Oral presentation at the 2nd Sarajevo Mental Health Symposium, Sarajevo, Bosnia and Herzegovina. Published in Book of Abstracts (p. 16).

Ehnech Seran, I., Aydın, O., & Ünal Aydın, P. (2026). VR-Based Intervention for Problematic TikTok Use in University Students: Effects on Metacognition and Psychological Symptoms. Abstract published in the Congress Book of the 17th International Congress on Psychopharmacology & Child and Adolescent Psychopharmacology/Psychotherapy, Antalya, Türkiye.

DRIVING LICENCE

Driving licence: B

Driving licence: B1